



Nice to Meet You!

Taryn De Sio Garber, M.Ed., MS, TTS, is a purpose-driven leader and consultant with 20 years of experience advancing program implementation, health promotion, integrative health, employee wellness, and system transformation across healthcare, nonprofit, academic, and private sector organizations.

As Founder of Whole Health Consulting LLC, Taryn partners with organizations on program planning and implementation, stakeholder engagement, and workforce well-being. She helps design programs and strategies that are practical, ethical, and impactful. Her expertise spans business leadership, education, evaluation, policy, and health systems innovation, with a proven track record of building initiatives that align with enterprise priorities while staying deeply people centered.

She is equally open to leadership opportunities where she can bring her skills in strategy, operations, professional development, leadership, convening, and implementation to support mission aligned organizations in driving meaningful change for employees, patients, clients, and communities.

Taryn De Sio Garber

Founder

Whole Health Consulting, LLC
Taryn@WholeHealthConsult.com

347-538-6309
[linkedin.com/in/tdg1234](https://www.linkedin.com/in/tdg1234)